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(57) Abstract :

The present invention discloses a simple method to prepare an oats fortified single or mixed fruit rolls with their fruit pulp and fruit peels. Because of adding the fruit peels, the product of the present invention is containing much higher proportions of the natural vitamins, antioxidants and phytochemical than the other market available fruit-products. These are rich source of phenolics corresponding to high free radical scavenging activity, which clearly indicates the increased health benefits of this present invention and can be an important component of diet. The method to prepare it has been standardized in such a dyhydration procedure, that the different categories of the fruit rolls possessed a shelf-life of 6 months in polyethylene and laminated pouches, without much change in physico-chemical, microbiological and sensory quality. Therefore, this enriched product, when consumed by any one especially children will be highly beneficial as immunity booster in a natural way.

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